

# WELLNESS CLINICS

Check your blood pressure, learn about healthy living and discuss health concerns with a registered nurse:

## EDGARTOWN

Anchor's Senior Center  
*2nd Tuesday of the month, 12:00-1:00pm*

Stop & Shop Pharmacy  
*1st Thursday of the month, 10:30-11:30am*



## TISBURY

Tisbury Senior Center  
*1st Tuesday of the month, 10:30-11:30am*

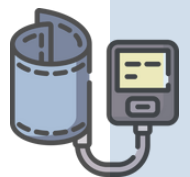
Diabetes Management Support Group  
Tisbury Senior Center  
*3rd Monday of the month, 1:00-2:00pm*



## WEST TISBURY

West Tisbury Library  
*1st Monday of the month, 12:30-1:30pm*

Parkinson's Support Group  
West Tisbury Council on Aging  
*2nd Monday of the month, 1:00-2:00pm*

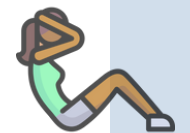


## OAK BLUFFS

Island Food Pantry  
*1st Monday of the month, 2:00-3:00pm*

Oak Bluffs Council on Aging  
*1st Tuesday of the month, 12:30-1:30pm*

Woodside Village  
*1st Tuesday of the month, 2:30-3:30pm*



FREE compliments of your town's Board of Health

Island Health Care

Martha's Vineyard  
**MVBOH**  
Boards of Health