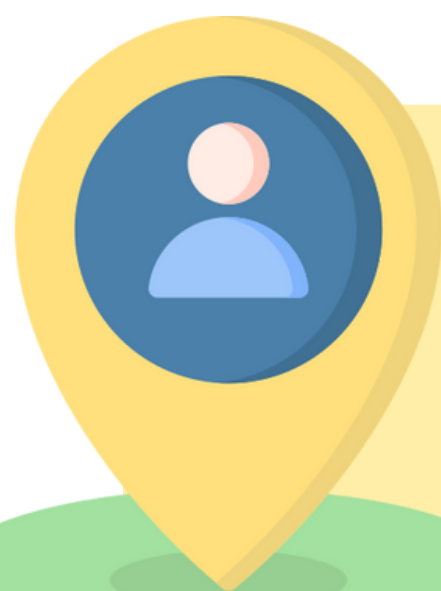


DIABETES SUPPORT GROUP

Take control and live well

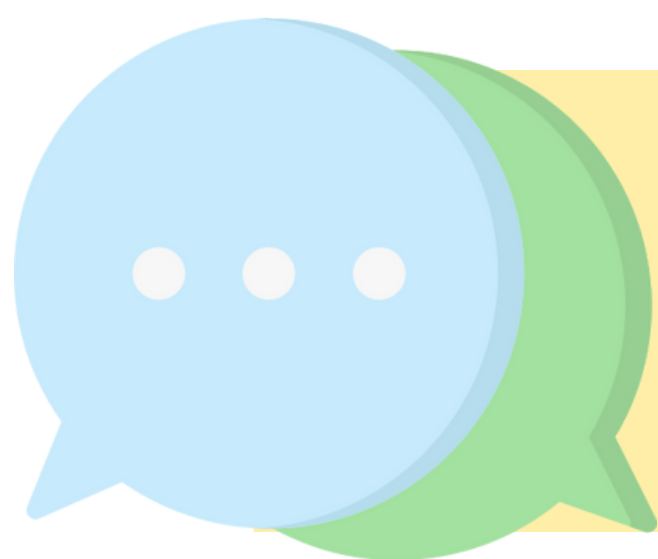
JOIN US!



...at the Tisbury Senior Center,
third Monday of the month @
1:00pm!



Guest speakers, cooking
demonstrations & self-
management tools!



Group discussion & support
from a Registered Nurse!

FOR MORE INFORMATION, CALL (508) 696-4205

 Island Health Care

Martha's Vineyard
MVBOH
Boards of Health